COUGARS WEIGHT ROOM (IRON MAN) TRAINING CAMP

**REGISTRATION DEADLINE: FEBUARY 6TH, 2023**

**WHO:** CURRENT 4TH **–** CURRENT 11TH GRADE

**WHEN:** FEBUARY 7TH – MARCH 30TH (MONDAY-THURDAY)

**TIMES:** SESSION A - CURRENT 9TH – CURRENT 11TH GRADE 4PM-5PM SESSION B CURRENT 4TH – CURRENT 8TH 5PM – 7PM

**WHERE:** CLOVIS HIGH WEIGHT ROOM

**COST:** $50

**ATTIRE:** WORKOUT CLOTHES, SNEAKERS & CLEATS

**BRING:** WATER BOTTLE

**SUBMIT REGRISTRATION FORMS TO:**

**AARON WILKINS**

**CLOVIS HIGH SCHOOL**

**1055 FOWLER AVE CLOVIS, CA 93611**

**(CONTACT INFO: 559-327-1000)**

**OBJECTIVES:** SKILLS DEVELOPMENT/ SPEED DEVELOPMENT/ AGILITY DEVELOPMENT/ CHARACTER DEVELOPMENT/ ACADEMIC SKILLS

**WAIVER/RELEASE**

SESSION CHOICE… #A #B CURRENT GRADE: 4 5 6 7 8 9 10 11

PARTICIPANT NAME (PLEASE PRINT)

PARTICIPANT SIGNATURE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT NAME (PLEASE PRINT)

EMERGENCY PHONE NUMBER\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PARENT SIGNATURE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

All participants and/or parents sign a waiver of any claims for participation in co-curricular sport. This can be done on any registration form that a participant sign. With my signature above, I hereby waive any claims against Clovis Unified School District, its agents or employees for injuries, which might be sustained in connection with this program. I understand that there is no medical coverage provided with this program. I will assume all responsibility for any medical payment that I/or my child may incur if I/or my child are injured during the course of play. Furthermore, I agree to abide by all of the rules and regulations set forth in this program and will conduct myself in a sportsman-like manner. NO WAIVER and FEE, NO PARTICIPATION. In accordance with CIF bylaw 207, any athlete who transfers from School “A” to School “B” after having prior contact, during the previous 24 months, either directly or indirectly with school “B” prior to enrollment shall not be eligible at School “B” for 365 days from initial date of enrollment. This includes this camp, clinic, AAU, club team, and/or workouts.